Suffolk County Cheerleading Competitive Cheer Safety/Deduction Sheet

## DEDUCTION

| Athlete Bobble -0.25 per infraction | \# of bobbles $\times .25=$ |  |
| :--- | ---: | ---: |
| Athlete Fall -.0 .50 per infraction | \# of Falls $\times .50=$ |  |
| Building Bobble(s) -0.25 per infraction | \# of Bobbles $\times .25=$ |  |
| Building Minor Fall(s) $\mathbf{- 1 . 0}$ per infraction | \# of Falls $\times 1.0=$ |  |
| Building Major Fall(s) $\mathbf{- 2 . 0}$ per infraction | \# of Falls $\times 2.0=$ |  |
| Pyramid Collapse -3.0 per pyramid | \# of pyramids $\times 3.0=$ |  |
| Out of Bounds (OOB) -0.50 per infraction | $\ldots$ of violations $\times .50=$ |  |


| Class Size/Stunt Group \# violation: Varsity -3 points___ JV and MS - 1 point |  |
| :---: | :---: |
| Time Deduction - Minimum 30 second CHEER ( 5.0 pts) ACTUAL TIME ___ $=-5.0$ |  |
| Time Deduction - Overall $4-5$ seconds $=-1$ point, $6+$ seconds over $=-2$ points ACTUAL TIME |  |
| NFHS Spirit Rules Violations |  |
| MINOR Violation (Rule 2 and/or Rule 3, Section 1) - Apparel, Jewelry, Nails, Hair and PROP violations. $\qquad$ \# x 0.50 = |  |

NFHS General Safety Violation (Performance Error) - $\mathbf{2 . 0}$ per infraction
\# x 2.0 =
Cite rule \#'s

NFHS Specific Safety Violation (Choreographed Error) - 3.0 per infraction $\qquad$ \# x 3.0 =
Cite rule \#'s

